



PGA

Western New York Section

New WNYPGA Section Partnership

Apex Performance Therapy x Kendall Performance PT

EAST AMHERST, NY (October 18, 2023) – The Western New York PGA Section is proud to announce that "Kendall Performance PT" and "Apex Performance Therapy" have become Preferred Performance Golf Therapy/Physical Therapy Partners of the WNYPGA - in the Buffalo, NY area.



Kendall Performance PT

Christopher Kendall, PT, DPT, TPI-M2/F2, PPSC - Kendall Performance PT

Dr. Kendall is a Buffalo, NY native who grew up playing hockey and golf from a young age which has led to his continued passion working with golfers to this day. After graduating from physical therapy school in 2017 from Daemen College, Chris worked as a travel physical therapist throughout the country, which took him from the east coast to the west coast, working with golfers everywhere he went. Once he returned home to Buffalo, NY, Chris opened his practice specializing in treating rotational athletes. Chris is Titleist

Performance Institute certified, completing both the medical and fitness level 2 certifications.

Chris has big plans for the golf community in the coming years as he states, "I am very excited to be partnering with the Western New York PGA section. The golf community in Western New York is growing every year and being named as a partner of the Section to provide golf specific physical therapy and performance training is a huge honor and opportunity. The game of golf is evolving and physical fitness is becoming one of the most important aspects of the game, so I'm looking forward to providing my services to help grow the game in our community."



Dr. Nolan Christopher, PT, DPT, TPI, XPS, PPSC - Apex Performance Therapy

Dr. Nolan Christopher is a TPI Certified Golf Professional, accomplished Physical Therapist, and founder of Apex Performance Therapy. He is driven by a passion for optimizing performance and enhancing the well-being of golfers. With years of experience in both sports performance and physical therapy, he has honed a unique skill set that combines the intricacies of golf mechanics with the specialized knowledge of human movement and rehabilitation. Having completed training through the Titleist Performance Institute (TPI), Nolan is equipped with a deep understanding of the biomechanics and physical demands unique to golf. This certification has allowed him to meticulously analyze and refine the swings of golfers, tailoring interventions to address specific physical limitations, and enhance their overall game.

"One of the most rewarding aspects of my practice is witnessing the transformation of individuals as they progress from rehabilitation to peak performance," states Nolan. "Through targeted assessments and personalized treatment plans, I have had the privilege of helping golfers overcome obstacles, whether it be recovering from an injury or refining their technique to reach new heights in their game."

The WNYPGA Section is looking forward to the great things to come from this new partnership. "We are able to put formal structure to the great works already happening here between some of our PGA Professionals and these two top notch Physical Therapy Doctors with TPI certifications, amongst other functional fitness certifications," said John Osberg, Director of Development for WNYPGA. "The blend of Dr. Christopher and Dr. Kendall's strong passions for the game of golf and functional fitness make this a highly valuable new Partnership to formalize in service of both our PGA Professional Members and the WNY golfing community at large!"

About WNYPGA

The mission of the Western New York Section of the Professional Golfers' Association of America is to establish the Section as a viable, valuable, and visible organization in promoting the growth of golf and the advancement of the golfing profession. The WNY Section shall be the leader in the promotion of golf, a provider of job opportunities for its PGA Members and Associates, a professional force for PGA Members to maintain and upgrade their skill level to allow them to compete in today's business world, a leader in teaching and tournament operations, and finally, a trainer of future Golf Professionals and other career positions.

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